



## **Mentoring and Counselling Guidelines**

Objectives

- Academic Support: Enhance students' academic performance through personalized guidance and support.
- **Personal Development:** Foster personal growth and development in students and staff, promoting self-confidence and interpersonal skills.
- **Career Guidance:** Assist in career planning, providing advice on professional pathways, further studies, and job opportunities.
- **Emotional Well-being:** Support the emotional and mental well-being of students and staff, helping them manage stress and personal issues effectively.
- Skill Enhancement: Develop key skills such as leadership, communication, and problem-solving through targeted mentoring initiatives.
- **Inclusive Environment:** Create an inclusive and supportive campus environment where every individual feels valued and encouraged to achieve their potential.

## The Power of Mentoring

Mentoring is a powerful tool that facilitates knowledge transfer, skill development, and personal growth. At JCOP, mentoring:

- **Bridges Gaps:** Connects students and staff with experienced mentors who can provide insights, advice, and support.
- Enhances Learning: Supplements academic learning with practical knowledge and real-world experiences.
- **Builds Confidence:** Encourages mentees to step out of their comfort zones, fostering confidence and self-assurance.
- **Creates Networks:** Establishes professional networks that can be invaluable for career advancement and personal growth.
- **Promotes Well-being:** Provides emotional support, reducing stress and improving overall well-being.



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Jaihind Comprehensive Educational Institute's **JAIHIND COLLEGE OF PHARMACY** (D. & B. Pharmacy) Affiliated to DBATU, Lonere and MSBTE Mumbai.

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## **Student Mentoring by Teachers**

**Objectives:** The purpose of student mentoring is to provide academic guidance, personal support, and career advice to students, helping them achieve their academic goals, improve their personal development, and prepare for their future careers.

Teachers are selected as mentors, who are experienced, approachable, and committed to the mentoring process. Students are paired with mentors based on their academic interests, career aspirations, and personal development needs. Monthly mentoring sessions are scheduled at mutually convenient times, with the goal of maintaining confidentiality and creating a safe environment for open communication.

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